



Association for Workplace Tragedy Family Support

# 2019 Central FAMILY FORUM

## Supporting families of workplace tragedy

Occupational Disease    Life-Altering Injuries    Fatalities  
October 25 - 27, 2019 ♦ Nottawasaga Inn, Alliston, ON



*You're not alone.  
Join other families of workplace tragedy who "get it."  
www.threadsoflife.ca*

**Reflections Ceremony:**  
**Honouring our Loved Ones** \_\_\_\_\_  
One of the most moving and impactful features of a Threads of Life Family Forum is our Reflections Ceremony. It is here that we collectively honour our loved ones, injured family members and those living with occupational disease. We take time out of our busy lives to reflect on past and present, so families can move further into their futures.

*"The Reflections Ceremony allows for a powerful and emotional way to honour my son. It also gives me the chance to respect and honour all the other families and their loved ones."*

**Family Forum Program Agenda**  
**Friday October 25:**  
3:00 p.m. – 5:00 p.m.    Check-in and Registration  
5:45 p.m. – 8:30 p.m.    Dinner and Reflections Ceremony  
**Saturday October 26:**  
8:30 a.m. – 4:30 p.m.    Sessions and Workshops  
6:00 p.m.    Dinner  
**Sunday October 27:**  
9:00 a.m. – 12:00 p.m.    Sessions  
12:00 p.m. – 1:00 p.m.    Lunch and Departure  
More information will be posted on our website.

[www.threadsoflife.ca](http://www.threadsoflife.ca)



### CENTRAL FAMILY FORUM REGISTRATION

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_ City: \_\_\_\_\_  
Business Tel.: \_\_\_\_\_ Cell: \_\_\_\_\_ Home Tel.: \_\_\_\_\_ E-mail: \_\_\_\_\_  
I am registering because of a workplace:  fatality  life-altering injury  occupational disease.  
Name of family member of workplace tragedy: \_\_\_\_\_ Date of birth: \_\_\_\_\_  
My relationship to the worker: \_\_\_\_\_ Date of tragedy: \_\_\_\_\_ Date of death: \_\_\_\_\_  
(incident or diagnosis)    month/day/year    (if applicable)    month/day/year  
Other family members attending (first and last name, relationship to worker, i.e., daughter, and if under 18, their age):  
First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Age: \_\_\_\_\_  
First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Age: \_\_\_\_\_  
First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Age: \_\_\_\_\_

**What to bring:** Please bring a photo of your loved one in a stand alone frame.

Please call to confirm your intention to attend and then mail this registration form to:  
Threads of Life, P.O. Box 9066, 1795 Ernest Avenue, London, Ontario N6E 2V0  
Tel: 1-888-567-9490; E-mail: [contact@threadsoflife.ca](mailto:contact@threadsoflife.ca)

For more details or to register electronically, please visit [www.threadsoflife.ca](http://www.threadsoflife.ca)

*Shannon's father died in a workplace tragedy in 2013. She shares how she answers friends & co-workers who ask why she would go to the forum knowing that it will be sad.*

“Yes, there are families grieving, there is sadness, and there are people on different parts of the journey that follows workplace tragedy. But in addition to that sadness there is a great deal of hope and healing that takes place over the three days that we are together. These are people with courage and resilience who understand that although nothing will ever be the same, we will all in time find a way to move forward in our life and find the new normal that we all so desperately want.”

## Why Should You Attend?

Losing a loved one to a traumatic workplace injury or disease is devastating to the surviving family, no matter at what age or how many years ago it happened. Along with overwhelming grief, you're thrown into the world of workplace inspections, investigations, coroner's inquests and the court system.

Families living with someone who has suffered from a life-altering injury or occupational disease also walk a difficult and challenging road. Few people understand their trials and tribulations, changed economic circumstances, dramatically altered futures and daily challenges.

Many families feel alone on this new, unexpected journey. Who will understand the magnitude of your loss? Where do you turn to for answers? But most important, where can you find a safe place to further your own healing?

Threads of Life (Association for Workplace Tragedy Family Support) offers families affected by a workplace tragedy the opportunity to attend an annual Forum, where they can come together to share, network, and ultimately, heal. At this unique event, spouses, parents, siblings and close friends gather and learn coping skills for grief, active listening skills, tips on self-care, how the occupational health and safety system works and so much more.



**Registration Fee:** Free for family members aged 14 and older who register by **September 27, 2019**. We understand that the financial costs to participate in the Family Forum can be a challenge. Through our Steps for Life fundraising walk proceeds, grants and sponsorship support, we are able to offer four immediate family members complimentary accommodations, meals and free registration. When you register there is an expectation that you will attend workshop sessions and be present for all meals. Please be advised that participants will be confirmed on a first-come, first-served basis.

**Registration Form (see other side):** Due to the limited number of spots, please call to confirm your intention to register or email us at [contact@threadsoflife.ca](mailto:contact@threadsoflife.ca). Then please fill out, and mail the registration form or visit [www.threadsoflife.ca](http://www.threadsoflife.ca) to register on-line. Registration will close as of October 11th, 2019.

**Youth aged 14 and older** are invited to participate in sessions and workshops if they are emotionally ready to attend. Sessions are not geared for younger children. Childcare is not available. Parents and guardians are encouraged to focus on their own healing journey for this weekend.

**Hotel Accommodation and Meal Cancellation Policy:** Threads of Life reserves the right to pass along late cancellation fees for hotel accommodations and meals to you. Please be sure to make any changes or cancellations **prior to October 11, 2019** so your room can be offered to those on the waiting list.

**Travel to the event** is your responsibility. However, if the cost of travel presents a financial hardship, assistance is available. Please call for further information. All requests must be confirmed by October 11th.

Threads of Life, a charity, relies on donations and grants to cover the costs of meals, hotel accommodations and Family Forum program offerings to help provide families of workplace tragedy with much needed support. If you are able, a donation of \$50/person or \$100/family would be greatly appreciated. Thank you.

[contact@threadsoflife.ca](mailto:contact@threadsoflife.ca) ♦ 1-888-567-9490 ♦ [www.threadsoflife.ca](http://www.threadsoflife.ca)

## Who We Are

Threads of Life is a national registered charity dedicated to helping Canadian families along their journey of healing after their loved ones have experienced a workplace tragedy. Threads of Life defines a workplace tragedy as a fatality, life-altering injury or occupational disease.

Charitable Organization business #87524 8908 RR0001.

## Our Mission

To help families heal through a community of support and to promote the elimination of life-altering workplace injuries, illnesses and deaths.

## Our Vision

Threads of Life will lead and inspire a culture shift as a result of which work-related injuries, illnesses, and deaths are morally, socially and economically unacceptable.

Thank you to our sponsors:

